

Psalm and Readings Wednesday 10th June 2026

Psalm 34

- 1 I will bless the Lord at all times;
his praise shall continually be in my mouth.
- 2 My soul makes its boast in the Lord;
let the humble hear and be glad.
- 3 O magnify the Lord with me,
and let us exalt his name together.
- 4 I sought the Lord, and he answered me,
and delivered me from all my fears.
- 5 Look to him, and be radiant;
so your faces shall never be ashamed.
- 6 This poor soul cried, and was heard by the
Lord, and was saved from every trouble.
- 7 The angel of the Lord encamps around those
who fear him, and delivers them.
- 8 O taste and see that the Lord is good;
happy are those who take refuge in him.
- 9 O fear the Lord, you his holy ones,
for those who fear him have no want.
- 10 The young lions suffer want and hunger, but
those who seek the Lord lack no good thing.
- 11 Come, O children, listen to me;
I will teach you the fear of the Lord.
- 12 Which of you desires life,
and covets many days to enjoy good?
- 13 Keep your tongue from evil,
and your lips from speaking deceit.
- 14 Depart from evil, and do good;
seek peace, and pursue it.
- 15 The eyes of the Lord are on the righteous,
and his ears are open to their cry.
- 16 The face of the Lord is against evildoers, to
cut off the remembrance of them from the
earth.
- 17 When the righteous cry for help, the Lord
hears,
and rescues them from all their troubles.
- 18 The Lord is near to the broken-hearted,
and saves the crushed in spirit.
- 19 Many are the afflictions of the righteous,
but the Lord rescues them from them all.
- 20 He keeps all their bones;
not one of them will be broken.
- 21 Evil brings death to the wicked, and those
who hate the righteous will be condemned.
- 22 The Lord redeems the life of his servants;
none of those who take refuge in him will be
condemned.

Joshua 22:9-end

So the Reubenites and the Gadites and the half-tribe of Manasseh returned home, parting from the Israelites at Shiloh, which is in the land of Canaan, to go to the land of Gilead, their own land of which they had taken possession by command of the Lord through Moses.

When they came to the region near the Jordan that lies in the land of Canaan, the Reubenites and the Gadites and the half-tribe of Manasseh built there an altar by the Jordan, an altar of great size. The Israelites heard that the Reubenites and the Gadites and the half-tribe of Manasseh had built an altar at the frontier of the land of Canaan, in the region near the Jordan, on the side that belongs to the Israelites. And when the people of Israel heard of it, the whole assembly of the Israelites gathered at Shiloh, to make war against them.

Then the Israelites sent the priest Phinehas son of Eleazar to the Reubenites and the Gadites and the half-tribe of Manasseh, in the land of Gilead, and with him ten chiefs, one from each of the tribal families of Israel, every one of them the head of a family among the clans of Israel. They came to the Reubenites, the Gadites, and the half-tribe of Manasseh in the land of Gilead, and they said to them, 'Thus says the whole congregation of the Lord, "What is this treachery that you have committed against the God of Israel in turning away today from following the Lord, by building yourselves an altar today in rebellion against the Lord? Have we not had enough of the sin at Peor from which even yet we have not cleansed ourselves, and for which a plague came upon the congregation of the Lord, that you must turn away today from following the Lord! If you rebel against the Lord today, he will be angry with the whole congregation of Israel tomorrow. But now, if your land is unclean, cross over into the Lord's land where the Lord's tabernacle now stands, and take for yourselves a possession among us; only do not rebel against the Lord, or rebel against us by building yourselves an altar other than the altar of the Lord our God. Did not Achan son of Zerah break faith in the matter of the devoted things, and wrath fell upon all the congregation of Israel? And he did not perish alone for his iniquity!"'

Then the Reubenites, the Gadites, and the half-tribe of Manasseh said in answer to the heads of the families of Israel, 'The Lord, God of gods! The Lord, God of gods! He knows; and let Israel itself know! If it was in rebellion or in breach of faith towards the Lord, do not spare us today for building an altar to turn away from following the Lord; or if we did so to offer burnt-offerings or grain-offerings or offerings of well-being on it, may the Lord himself take vengeance. No! We did it from fear that in time to come your children might say to our children, "What have you to do with the Lord, the God of Israel? For the Lord has made the Jordan a boundary between us and you, you Reubenites and Gadites; you have no portion in the Lord." So your children might make our children cease to worship the Lord. Therefore we said, "Let us now build an altar, not for burnt-offering, nor for sacrifice, but to be a witness between us and you, and between the generations after us, that we do perform the service of the Lord in his presence with our burnt-offerings and sacrifices and offerings of well-being; so that your children may never say to our children in time to come, 'You have no portion in the Lord.'" And we thought, If this should be said to us or to our descendants in time to come, we could say, "Look at this copy of the altar of the Lord, which our ancestors made, not for burnt-offerings, nor for sacrifice, but to be a witness between us and you." Far be it from us that we should rebel against the Lord, and turn away this day from following the Lord by building an altar for burnt-offering, grain-offering, or sacrifice, other than the altar of the Lord our God that stands before his tabernacle!'

When the priest Phinehas and the chiefs of the congregation, the heads of the families of Israel who were with him, heard the words that the Reubenites and the Gadites and the Manassites spoke, they were satisfied. The priest Phinehas son of Eleazar said to the Reubenites and the Gadites and the Manassites, 'Today we know that the Lord is among us, because you have not committed this treachery against the Lord; now you have saved the Israelites from the hand of the Lord.'

Then the priest Phinehas son of Eleazar and the chiefs returned from the Reubenites and the Gadites in the land of Gilead to the land of Canaan, to the Israelites, and brought back word

to them. The report pleased the Israelites; and the Israelites blessed God and spoke no more of making war against them, to destroy the land where the Reubenites and the Gadites were settled. The Reubenites and the Gadites called the altar Witness; 'For', said they, 'it is a witness between us that the Lord is God.'

Luke 12:22-31

He said to his disciples, 'Therefore I tell you, do not worry about your life, what you will eat, or about your body, what you will wear. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds! And can any of you by worrying add a single hour to your span of life? If then you are not able to do so small a thing as that, why do you worry about the rest? Consider the lilies, how they grow: they neither toil nor spin; yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, how much more will he clothe you—you of little faith! And do not keep striving for what you are to eat and what you are to drink, and do not keep worrying. For it is the nations of the world that strive after all these things, and your Father knows that you need them. Instead, strive for his kingdom, and these things will be given to you as well.'

The Collect of the Day

O God,
the strength of all those who put their trust in
you, mercifully accept our prayers
and, because through the weakness of our mortal
nature we can do no good thing without you,
grant us the help of your grace,
that in the keeping of your commandments
we may please you both in will and deed;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.